

Standing Table

Operator Manual



**Please read this manual carefully for
the correct usage of the Standing Table**

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Preface

Congratulations on your purchase of the Pronk ergo Standing Table!

This operator manual will help you get the most out of your Standing Table in practical situations. We do not need to say that written, theoretical support cannot give you enough information about the practical possibilities for the use of your Standing Table.

However, this manual will be excellent as pre-information or can be used as a quick reference. We are available for personal advice should your questions not be sufficiently answered in this manual.

We hope that your Standing Table will bring you much pleasure.

Sincerely,

The employees of Pronk ergo



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1. General advice

This managing operator contains important safety instructions and information concerning the use of your Pronk ergo Stand Table. Read this manual carefully before using the lift so that you are familiar with the features and use of the product.

Explanation of symbols



This symbol is used to give instructions and information with regard to the safety of the user(s). Ignoring this information can result in injury. Follow these instructions and always be careful.



This symbol is used for information with regard to the use of the product. If this is not taken into consideration, it could cause injury and damage or functional defects to the Standing Table.



This symbol is used for helpful tips and directions. By following these tips, the Standing Table can be more efficient and / or easier to use.

Before using the Standing Table

Before you use the Pronk ergo Standing Table select a suitable place. This should be a flat surface indoors with sufficient space around the product.

You should be aware of the correct use of the product. Try the electrical system for the first time without a person. If used in a professional environment, the use of the Standing Table can be practiced with a colleague. It is important that you yourself know how to use the product.

When the Standing Table is used, it is important that you are aware of the physical and mental capabilities, size and weight of the user. With this in mind, it can be necessary to add accessories.

Responsibility

Read this manual carefully before using the lift. When not working according to the manual, we take no responsibility on us for any damage or defects. Warranty claims must be made immediately after discovering the defect. Always mention the serial number of the product.

All technical information and instructions were up-to-date at the moment this user manual was published. We reserve the right to make adjustments to the product, with regard to the development of the product. No rights can be derived from the contents of this manual.

2. The product

The Pronk ergo Standing Table is designed for people who are self-employed is hampered by physical limitations. The Standing Table makes it possible to independently, or with minor guidance of others, safe and stable to stand up and keep standing.

The Pronk ergo Standing Table is available in two models; the standard and the electrical model. Depending on the physical capabilities of the user is chosen for a standard Standing Table or a model with electric rollup system.

The body of the user is supported by the parts of the Standing Table at the height of the feet, lower legs and pelvis. Optionally, there is also a support for the chest and / or back.

The Pronk ergo Standing Table is suitable for users with a body length of 150-200 cm and a maximum weight of 175 kg. The Standing Table is intended for use from a seated position, the product cannot be moved when in use.

The standard model

When using the standard Standing Table the user uses their own muscle strength from his / her arms to stand up. Only when standing the pelvis of the user is supported by the sitting pants. It is important that the user of the standard model has adequate muscular strength in his / her arms, and also has sufficient torso balance to make the transition from sit to stand and back.

The electrical model

The electrical model is provided with an electric roll-up system which helps the user to get from sit to stand. Therefore this model is suitable for the less independent user.

All operations take place via the supplied remote.

Parts

The Pronk ergo Standing Table is constructed from a steel frame, worktop, base plate and plastic casters. During operation the supplied sitting pants provides support to the pelvis of the user. A knee or shin cushion is attached to the steel frame, which is adjustable in height and depth. The foot plate is provided with a pair of heel supporters which is individually adjustable.

The standard model is equipped with a horizontal handle under the worktop. The electrical model is carried out with the so-called burryframe having thereon a motor container in which the electrical rollup system has been processed.

Safety

The model with electric rollup system is provided with a belly cove which is positioned below the work surface at the front of the motor container. When the minimum distance between the top and the body of the user is reached, abdominal junction prevents compression of the body.



Figure 2.1. Composition standard Standing Table.



Figure 2.2. Composition Electric Standing Table.

* The Standing Table comes standard with an knee cushion instead of a shin cushion since 2019.

3. Technical data

Standard Standing Table

The specifications of the standard Standing Table with the worktop in the lowest position are as follows:

Material:

Frame: Steel

Worktop: Plywood with HPL finish

Footbase: Trespa

Upholstery: Leatherette 'Viper'

Maximum load:

175 kg

Footbase height:

45 mm

Dimensions:

1010x793x900 mm (lxwxh)

Worktop adjustment:

maximum 425 mm

Total weight:

42,5 kg



Figure 3.1. Different views Standard Standing Table (from left to right front, right, back and left view).

Electrical Standing Table

The specifications of the Electric Standing Table with the worktop in the lowest position are as follows:

Material:

Frame: Steel
Worktop: Plywood with HPL finish
Footbase: Trespa
Upholstery: Leatherette 'Viper'

Maximum load:

175 kg

Footbase height:

45 mm

Dimensions:

1050x793x964 mm (lxbxh)

Worktop adjustment:

maximum 360 mm

Total weight:

60 kg



Figure 3.2. Different views Electric Standing Table (from left to right front, right, back and left view).

Dimensions



Figure 3.3. Side Electric Standing Table.

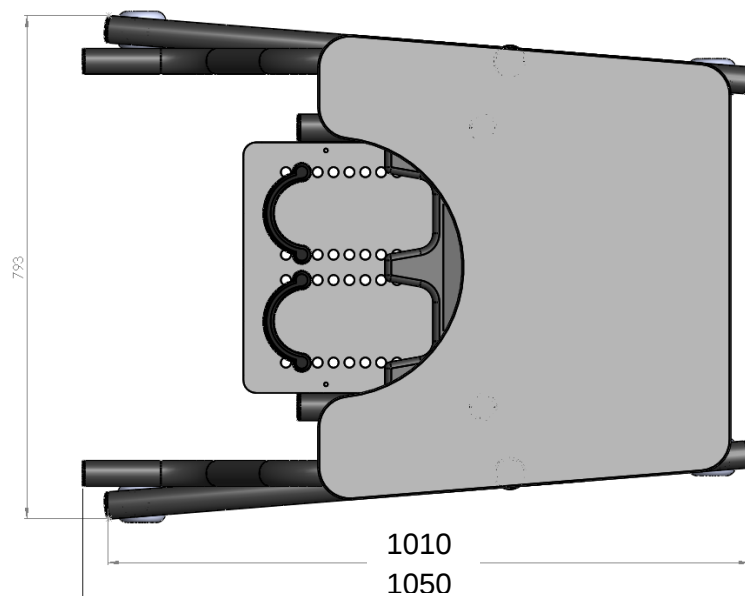


Figure 3.4. Top view Electric Standing Table.

4. Use



Smoking and open fires (including smoke attributes) in the vicinity of the Standing Table are strictly prohibited.



When you are in possession of the Electric Standing Table make sure the power cable as well the remote control cable are connected to the motor container. The other end of the power cable must be plugged into the socket.

Setting parts



Before use and after every change of settings make sure all fastenings are tightly fastened.

Worktop

The right height adjustment of the worktop is essential. The height is correct if the forearms can rest horizontally on the worktop and the shoulders are relaxed. The elbows are in a 90 degree angle and the upper arms rest against the body.

If you loosen the jackscrews at the rear of the left and right stand of the base frame, you can adjust the worktop to the correct the height. Then the two set screws must be tightened again. The supporting brackets will move automatically when you adjust the height.



When you loosen the Allen screws, the table will lower completely. We advise you to do this with two people.



Knee – or shin cushion

The Pronk ergo Standing Table is equipped with a knee or shin cushion in one piece, which can be adjusted both in height and depth.

The shin cushion needs to be placed under the knee against the shin. General the top of the cushion is about 5 centimeters under the kneecap. The ankle is in a 90 degree angle. With the knee cushion the knee is placed in the pillow.



shin cushion



knee cushion

The cushion can be adjusted by loosening the four star buttons on the back of the cushion and place the cushion in the desired position. Then the star knobs must be tightened whereby the cushion is fixed in the desired position.

On request is also a set of two separate shin cushions available, whereby the cushions also can be adjusted separately from each other.

Foot plate

A footplate can be positioned both left and right on the base plate in order to prevent the backward movement of the feet.

To position the foot plate the right way, first for all, place the lower leg against the shin cushion. When the ankle is in a 90 degree angle position insert the sticks of the foot support in the foot plate. It is important that the foot support will be as close as possible to the heel of the user.

Because the flexibility of the foot supports, they can be placed by own choice on the foot plate. This is possible in a horizontal and diagonal movement.

On request is also a set of two extra foot supports available which can be placed on the front of the foot plate. This extra set fixates the toes of the user.

Use of the Standard Standing Table

The figures below describe the use of the standard Standing Table. The text under the image explains which action has to be carried out.

Preparation



1. Place the sitting pants under buttocks.



2. Tighten and secure belt.



The bottom of the sitting pants has to be placed beyond the sitting bumps. The top of the sitting place can be recognized by the three tabs, in which a belt should be applied during operation at all times.



The sitting pants can be positioned more easily when you use the arm rests of the wheelchair. A belt for the sitting pants is available as an accessory via Pronk ergo. Alternatively a wide belt can also be used.

Moving from sit to stand



Remove or fold the leg supporters away of your wheelchair. This creates more space so that it is easier to position the lower legs.



1. Ride the wheelchair to the foot plate, place feet on the footplate and place under legs against shin cushion.



2. Come to stand independently or with some assistance.



3. Click the buckles under the worktop on the left and right to the sitting pants and belt to get the right position.



Don't remove the wheelchair when using the Standing Table. Make sure that the wheelchair is on the brake.



Snapping and tightening the belts can be a tricky operation which exercise is necessary. If necessary, ask for help.

Moving from stand to sit



1. Bring weight forward, hold the edge of the worktop and unclip the buckles of the sitting pants.



2. Sit down independently or with some assistance. Remove the sitting pants.



Verify if the wheelchair is still on brakes and if the user ends up with buttocks in the seating of the wheelchair. If the buttocks end up on the front of the seating, ride the wheelchair closer to the footplate.



Unsnapping and tightening the belts can be a tricky operation which exercise is necessary. If necessary, ask for help.

Use of the Electric Standing Table

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Moving from sit to stand



Remove or fold the leg supporters away of your wheelchair. This creates more space so that it is easier to position the lower legs.



1. Ride the wheelchair tot the foot plate, place feet on the footplate and place under legs against knee or shin cushion.



2. Click the on the left and right to the sitting pants. (If necessary roll of the belts from the motor unit first)



3. Use the remote control to come to a comfortable standing position. Use the support tubes to stabilize the torso.



Don't remove the wheelchair when using the Standing Table. Make sure that the wheelchair is on the brake.

Moving from stand to sit



1. Move down with the use of the remote control until the buttock are in the sitting of the wheelchair.



2. Unsnap the buckles on the left and right of the belt. Remove the sitting pants.



Verify if the wheelchair is still on brakes and if the user ends up with buttocks in the seating of the wheelchair. If the buttocks end up on the front of the seating, ride the wheelchair closer to the footplate.

5. Accessories

If necessary or desired, the Pronk ergo Standing Table can be extended with a number of accessories. A therapist or Pronk ergo employee will discuss this during a fitting with you. Reordering an accessory is always possible, please check with Pronk ergo.

- Extra Sitting pants (size S, M, L, XL)
- Belt sitting pants
- Padding side worktop
- Handles on worktop
- Extra set foot support

- Extra mounting set for knee or shin cushion
- Two piece knee or shin cushion
- Cushion standard (12x12x3 cm)
- Customized cushion (12x12x? cm)
- Chest support in corner and adjustable in depth
- Back support in corner and adjustable in depth

- Cushion complete worktop without holes handles
- Cushion complete worktop with holes handles

- Horizontal handles with fixation sitting pants
- Burryframe with motor engine and roll up system
- High-low adjustable worktop



Never use the high-low adjustment when the Standing Table is in use. This can cause dangerous situations.



We emphasize that only original parts and accessories, approved by Pronk ergo, may be used. It is not allowed to make unauthorized modifications to the product for safety reasons.

6. Maintenance

Inspect the product regularly for damage to the upholstery and loose connections. If you notice any discrepancies, please contact your supplier.

Daily maintenance

Clean surfaces of your Standing Table with a damp cloth, warm water and a mild detergent.



Detergents must be pH-neutral. Do not use solvents or other strong liquids - this may damage the surface of the product. When disinfection is desired medicinal alcohol can be used. Avoid using abrasive cleaners.



Make sure that no water enters the motor unit of the rollup system. Keep the openings for the rollup belts and connectors on the rear away from moisture.



After cleaning the sitting pants, the buckles should be cleaned with a dry cloth. Keeps the openings and moving parts of the buckles moisture free.

Monthly maintenance

Check the coiled cord of the remote control and the cable of the roll up system. No damage may be to the plastic casing. Clean the contact points (entrance and plug) of the control switch to remove any dirt.

Roll up the belts completely up and down. No strange sounds should appear.

Fault analysis

If your table doesn't work as it should be, watch the following problems and solutions.

Problem: The electric rollup system doesn't work.

Solution 1: Make sure the power cord is properly plugged in and that there is no power cut (do this for example by testing a lamp).

Solution 2: Check if the abdomen exit beneath the sheet is pressed.

Solution 3: The remote control, power cable or a fuse is probably broken. Check the cables on breakages and replace if necessary

Problem: The electric rollup system goes only in or out.

Solution: The remote control is probably broken. Check the cables on breakages and replace if necessary the remote control.

If you are unable to solve a problem or error by using this guide, please contact Pronk ergo.

7. Declaration of Conformity



EU Declaration of Conformity



Pronk ergo bv
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declares:

The Pronk ergo Standing Table (version 2015) and the supplied accessories comply with the Medical Devices Directive (93/42 / EEC) and the standard for technical aids for disabled (NEN-EN 12182).

Name: Mr. J. van Ramesdonk
Position: Managing director
Company Pronk ergo bv
Date: August 25, 2015

A handwritten signature in black ink, appearing to be "J. van Ramesdonk", written over a horizontal line.

8. Notes



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